

**THE Y.
ALWAYS HERE
FOR OUR
COMMUNITY**

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**Brown County Community YMCA
105 Willow Street
Nashville, IN 47448
812-988-YMCA (9622)**

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**Brown County
Community
YMCA**

**Member
Handbook**



Effective April 15, 2015

Welcome to the Brown County YMCA!

We are pleased to welcome you to the YMCA family, where our mission is to promote Christian principles through programs that build healthy spirit, mind, and body for all. We value Caring, Honesty, Respect, and Responsibility. And we try to promote those values through all YMCA activities.

The Brown County Community YMCA, a charitable organization, has been serving our community since January, 1998, and the facility opened in January, 2001. Since the beginning it's been the intent of the Y to offer quality programs and services that support the wellness, sports, and recreational needs of Brown County and the surrounding area. We do that through a wide array of activities, many in cooperation with other organizations and agencies.

We look forward to your involvement at your YMCA. We hope that you discover that your membership is valuable both in terms of the programs and services that you receive as well as through your active participation in service for others.

Being a member is much more than using a swimming pool, gym, or fitness equipment. It's an attitude; an atmosphere produced by the life of all members. You're a member of the Brown County YMCA, a fellowship of people who have accepted the purpose and objectives of the YMCA and are united by the common cause of improving the quality of life. It's an opportunity to change your life and the lives of those around you.

WINTER HOURS | November – April

Monday-Thursday 5:30a – 9:00p
Friday 5:30a – 7:00p
Saturday 7:00a – 3:00p
Sunday 12:00p – 5:00p

SUMMER HOURS | May - October

Monday-Thursday 5:30a – 9:00p*
Friday 5:30a – 7:00p
Saturday 7:00a – 3:00p
Sunday Closed

**subject to change due to usage*

MORE ABOUT YOUR YMCA

Annual Campaign

The Brown County YMCA holds an Annual financial sustaining campaign every year to allow those who believe in the YMCAs practices and principles to contribute to the benefit and well-being of all members of our community. Your tax-deductible contribution will help the YMCA provide financial assistance and program subsidies to those with financial need. Please consider donating to this fund. Any amount helps. Donations are accepted throughout the year.

Endowment Funds

Contribution to the YMCA endowment fund is a way for individuals to have their name and lifetime achievements live on after them. Endowment funds come from cash gifts, wills, insurance policies, memorials, stocks, deferred gifts, and property. Only the interest from endowment contributions is used for YMCA operation. Therefore, the larger the endowment, the more interest that is generated to support YMCA functions. Interested individuals should contact the Brown County Community Foundation at 812-988-4882.

Volunteer Opportunities

The YMCA relies heavily on volunteers who wish to serve their community through the sharing of time and talent. Volunteers are welcome in all facets of the YMCA, from service desk help, to lifeguarding, to leading classes of all kinds, to youth sports coaching, to fundraising, to committee involvement, to serving on the Board of Directors. If you have skills in any of these areas or have any other way that you would like to volunteer, talk to any of the professional staff.

The Board of Directors

The Brown County YMCA is governed by a volunteer Board of Directors. The board represents the YMCA to the community, leads in fundraising activities, employs the Executive Director, establishes program priorities, oversees the budget, and approves policy. The Board does not address day to day operational issues. Persons interested in serving on the Board or any of its related committees should contact the Executive Director or the President of the Board.

Membership Cards

When entering the YMCA, please have your membership card ready to scan at the service desk. If you forget your card, please let the service desk staff know who you are so they can confirm your membership. (A picture ID may be required, such as a driver's license.) If our staff sees an ongoing problem with the absence of a membership card, the member will be given a warning to bring the card in future visits.

Fitness Center

When in the free weight area, we strongly recommend the use of spotters for your protection. Please show respect to other members by unloading the equipment and replacing the weights on the correct racks immediately after use.

Televisions are available to those using cardiovascular equipment. The remote control for these units is available near the TV's. Please return the control immediately after use and be respectful of others.

Quiet hours in the Fitness Center are from Opening until 1:00pm. During that time the TV's must be set on Closed Caption.

Towels

The Brown County YMCA currently offers cleaning/sweat towels and spray bottles as a courtesy to all members. They are stored in containers at various locations in the Fitness Center. Please wipe machines after use as a courtesy to the next patron. Bins are provided in the Fitness Center and locker rooms for used towels.

Attire

- Shirts or tank tops and shoes must be worn throughout the facility, except in the locker rooms and pool area.
- Sports bras must be covered.
- Muscle shirts that hang loosely over the torso fail to provide a sanitary barrier between the person and equipment, and are therefore inappropriate.
- Swimsuits are required in the pool area. If you have special needs regarding attire in the pool, please talk with the Program Director.
- Athletic shoes are required in the gymnasium and Fitness Center. Sandals and shoes with heels are unsafe and never appropriate. Please wear clean shoes.
- Please maintain modesty in the locker rooms, especially when children are present.

YOUR MEMBERSHIP – BENEFITS/RESPONSIBILITIES

Open Membership

Anyone who embraces the values and mission of the YMCA may join regardless of religion, race, sex, ability, or any other variable. Financial sponsorship aid is available for those who qualify.

Dues/Payment Methods

Your dues reflect the costs of operating the building, delivering programs and services, and maintaining, expanding, or replacing the equipment. Membership fees are annually reviewed by the Board of Directors. Except in the case of extreme circumstances, any change in membership fees would take effect on January 1 for annual dues and in December for drafted dues.

Membership fees can be paid in full by cash, check, Visa, MasterCard or Discover.

You can also choose to have your membership dues deducted monthly from your checking or savings account by bank draft. Drafts are processed on the 10th day of each month and cover the month after the month in which they are drafted. For instance, a draft in December will cover membership dues for the following January.

Your YMCA membership is non-transferable to another person or another YMCA.

Capital Fees

Each new membership requires a capital fee to be paid at initiation. These dollars are placed into a separate fund to be used only for major expenses, such as roof repair, heating and air conditioning repair, and replacement of fitness equipment. **If the membership expires and is not renewed within 60 days, a capital fee will again be assessed** as a part of initiating a new membership.

Traveling or Moving

While you are traveling, your YMCA membership may be honored by many YMCAs across the nation with the AWAY Program giving you limited free access to their Y. Before you travel, look on www.ymca.net and enter zip code.

Brown County Community YMCA Memberships are non-refundable and non-transferrable.

Guest Passes

Daily guest passes are available for purchase, which enable the guest to use the facility for that day. The guest will not be issued a card, so if s/he plans to leave the facility and return that day, s/he should ask for a receipt. Check with Service Desk for current fees.

Ages Limitations for Children

The YMCA is committed to protecting the safety of children and providing opportunities for successful participation. To that end, the YMCA reserves the right to enforce rules designed to provide for adequate supervision. And the YMCA reserves the right to limit participation only to those activities that are age appropriate. These guidelines are based on Insurance requirements.

- **Children age 9** and under must be accompanied by a parent* when using the facility.
- Child Watch is available during designated hours each week for children age **6 weeks to 8 years**. Parents must remain in the building when using this service.
- Parents* do not need to be present when a child is participating in a program led by YMCA staff.
- **Youth age 10-14** may visit the YMCA for a maximum of **4 hours** when not accompanied by a parent*. Any youth not with a parent* must be able to contact a responsible adult by telephone at all times.
- **Children age 11** and under may not use the Fitness Center.
- **Youth age 12** and up are welcome in group exercise classes after paying the required class fee. These classes are not age appropriate for younger children.
- **Youth 12 to 14** must be supervised by a parent* or YMCA staff in the Fitness Center.

Aquatics Center Age Restrictions

- **Children age 7 and under** – parents must be in the pool with swimmer.
- **Children age 7 to 10** – Adult must be on the pool deck in close proximity to swimmer.
- **Children 10 to 18** – no adult supervision required. Testing required if swimmer wishes to use deep end.
- **Children of any age** who cannot demonstrate adequate swimming skills to a lifeguard must be accompanied by a parent* in the water.
- Use of steam room and sauna is limited to persons age **15 and older**.

Cancellation of Membership

The Brown County YMCA must receive **written notice no later than the 1st day of the month** to cancel bank draft memberships. Failure to provide required notification will result in non-cancellation.

The YMCA can terminate or suspend a membership at any time due to the following reasons:

Non-payment of membership dues.

Acts that endanger members, employees, themselves, or others.

Theft or misappropriation of property of the YMCA, its members or guests.

Unauthorized possession, sale, use, or consumption of alcoholic beverages, tobacco, narcotics, or controlled substances while on YMCA premises.

Repeated disregard for established activity or building rules and regulations. Blatant and/or repeated disregard for YMCA values, including care and respect for others and for property

Renewals

For members that pay in full on an annual basis, the membership must be renewed prior to the expiration date. Bank draft memberships will continue until the YMCA receives a **written** notice from you requesting that your membership be terminated. Due to the nature of the drafting process, your membership will continue through the end of the month following the month of your final draft.

Medical Freeze

The Brown County YMCA understands that due to extended illness or physical disabilities, some special arrangements related to membership may be necessary. If this arises, the member will need to contact the Executive Director.

REFUND POLICY

Membership fees are not refundable. In the rare instance that the Executive Director cancels a person's membership, e.g. due to a member's blatant violation of YMCA policies, the unused portion of the fee may be refunded.

When a program is cancelled due to lack of participants' credit toward another program will granted.*

Program fees will be refunded at the written request of the participant only if a medical need can be demonstrated. A written note from a doctor may be required.