

In consideration of acceptance of my entry, I hereby release, discharge and agree to hold free and harmless Brown County Community YMCA, any sponsors, officials or organizers of this event and each of them together with their successors, assigns, officers, agents and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in this event. By execution of this waiver, I assume all risk associated with my participation in this event, including, but not limited to fall, the effects of weather, traffic and road conditions, all such risks being known and appreciated by me. I verify that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed medical doctor.

Signature: \_\_\_\_\_

\*\*\*Parent's signature if under 18 years of age\*\*\*

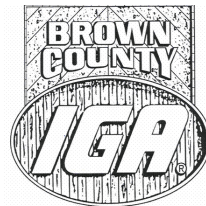
Date: \_\_\_\_\_

**BROWN COUNTY YMCA**  
 105 Willow St.  
 Nashville, I 47448  
[www.browncountyyymca.org](http://www.browncountyyymca.org)

P | 812-988-962  
 F | 812-988-9623  
 E | [kimrobinson@browncountyyymca.org](mailto:kimrobinson@browncountyyymca.org)



Sponsored in part by:



# BROWN COUNTY COMMUNITY YMCA



## DASH FOR A HEART

### 5K RUN/WALK

February 11, 2017  
 1 pm

Brown County YMCA &  
 Salt Creek Trail

P | 812-988-9622

[www.browncountyyymca.org](http://www.browncountyyymca.org)

## Event Registration

Online: [www.signmeup.com/123584](http://www.signmeup.com/123584)  
Mail In: Complete & Sign Registration Form  
Brown County YMCA,  
105 Willow St., Nashville, IN 47448

Race Day: 11-12:45 | 1 pm Race Start

## Packet Pickup

Brown County Y | Sat., Feb 10th, 7a—1p

## Race Location

Start & Finish | Brown County YMCA

## Results

Results will be announced timely and posted on

[www.browncountyyymca.org](http://www.browncountyyymca.org)  
[www.mag7raceseries.com](http://www.mag7raceseries.com)

Awards will be given to the overall male & female winners of each run and walk.

Medals will be awarded to the top finisher in each of the following run age groups  
Male & Female | 11 & Under, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & Over



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Make Checks payable to:

Brown County YMCA

## Mail Registration Form:

Brown County YMCA  
105 Willow St  
Nashville, IN 47448

## Register online:

**\$20 | \$25 race day**

*\*Limited amount of will be available race day\**

→ **Register By:** ←  
**February 9**

## What distance is a 5k?

5K = 3.1 miles

## Who can participate?

Everyone is welcome to run or walk in our event, the more the merrier! So bring your family and friends, grab your sweetie and join us for a fun event and great cause!

## Where do proceeds go?

The Brown County YMCA is a community centered non-profit organization, proceeds go to Y financial assistance program.



## Registration Form

PRINT CLEARLY

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Age (on race day) \_\_\_\_\_

Gender: \_\_\_\_\_

I will be competing in the (MUST circle one)

**5K Run**

**5K Walk**

## Method of Payment:

Check \_\_\_\_\_  
Credit Card # \_\_\_\_\_

Cash \_\_\_\_\_  
Exp. date \_\_\_\_\_ Security \_\_\_\_\_

Credit card \_\_\_\_\_  
Signature \_\_\_\_\_

Amount paid: \$ \_\_\_\_\_