

In consideration of acceptance of my entry, I hereby release, discharge and agree to hold free and harmless Brown County Community YMCA, any sponsors, officials or organizers of this event and each of them together with their successors, assigns, officers, agents and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in this event. By execution of this waiver, I assume all risk associated with my participation in this event, including, but not limited to fall, the effects of weather, traffic and road conditions, all such risks being known and appreciated by me. I verify that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed medical doctor.

Signature: _____

Parent's signature if under 18 years of age

Date: _____

BROWN COUNTY YMCA
 105 Willow St.
 Nashville, I 47448
www.browncountyyymca.org

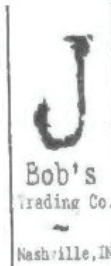
P | 812-988-962
 F | 812-988-9623
 E | kimrobinson@browncountyyymca.org



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BROWN COUNTY COMMUNITY YMCA



DASH FOR A HEART

5K RUN/WALK

February 19, 2017 1 pm

Brown County YMCA & Salt Creek Trail

P | 812-988-9622

www.browncountyyymca.org

Event Registration

Online: www.signmeup.com/118259

Mail In: Complete & Sign Registration Form
Brown County YMCA,
105 Willow St., Nashville, IN 47448

Race Day: 11-12:45 | 1 pm Race Start

Packet Pickup

Brown County Y | Sat., Feb 18th, 7a—2p

Race Location

Start & Finish | Brown County YMCA

Results

Results will be announced timely and posted on
www.indianatiming.com and
www.browncountyymca.org
www.mag7raceseries.com

Awards will be given to the overall male &
female winners of each run and walk.

Medals will be awarded to the top 3 in each of
the following run age groups
Male & Female | 11 & Under, 12-14, 15-19, 20
-29, 30-39, 40-49, 50-59, 60-69, 70 & Over



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Make Checks payable to:

Brown County YMCA

Mail Registration Form:

Brown County YMCA
105 Willow St
Nashville, IN 47448

Register online:

\$20 | \$25 race day

Limited amount will be available race day

Register By:
→ **February 10** ←
To guarantee shirt!!

What distance is a 5k?

5K = 3.1 miles

Who can participate?

Everyone is welcome to run or walk in our
event, the more the merrier! So bring your
family and friends, grab your sweetie and join
us for a fun event and great cause!

Where do proceeds go?

The Brown County YMCA is a community
centered non-profit organization, proceeds
go to Y financial assistance program.



Registration Form

PRINT CLEARLY

Name _____

Address _____

City/State/Zip _____

Email _____

Phone _____

Age (on race day) _____ Gender: _____

I will be competing in the (MUST circle one)

5K Run

5K Walk

T-shirt Size

(PLEASE circle SIZE)

S M L XL 2XL

Method of Payment:

- Check _____
Credit Card # _____
- Cash _____
Exp. date _____ Security _____
- Credit card _____
Signature _____

Amount paid: \$ _____